

How to Hire Senior Moving Services

Determine Your Moving Needs

- ☐ Identify whether it's a local or long-distance move.
- ☐ Assess if packing, unpacking, or storage services are required.
- ☐ Consider if downsizing or decluttering assistance is needed.
- ☐ Determine any special requirements (e.g., fragile items, medical equipment, mobility aids).

Research Potential Moving Companies

- ☐ Seek recommendations from family, friends, or senior living communities.
- ☐ Check online reviews and ratings on platforms like the Better Business Bureau (BBB) and Google.
- ☐ Verify if the company specializes in senior moving services.

Questions to Ask Moving Companies

- ☐ Are you licensed, bonded, and insured?
- ☐ Do you have experience with senior moves and downsizing assistance?
- ☐ What specific services do you offer? (packing, storage, furniture assembly, etc.)
- ☐ Do you provide an in-home estimate or virtual consultation?
- ☐ What are your pricing structure and payment terms?
- ☐ How do you handle fragile or sentimental items?
- ☐ What is your cancellation and refund policy?
- ☐ Will you provide a written contract outlining all services and fees?



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Assessing Cost & Estimates

- ☐ Obtain written estimates from at least three moving companies.
- ☐ Ensure the estimate includes all potential fees (packing, materials, storage, transportation, etc.).
- ☐ Ask about senior discounts or package deals.
- ☐ Beware of significantly low quotes, which may indicate hidden fees or scams.

Preparing for Moving Day

- ☐ Confirm the final moving date and arrival time with the movers.
- ☐ Ensure all belongings are packed and labeled properly.
- ☐ Set aside essential items (medications, important documents, valuables) to keep with you.
- ☐ Arrange transportation for the senior, if needed.
- ☐ Verify contact details for the moving company and the lead mover.

Post-Move Considerations

- ☐ Inspect items for damages before signing the final paperwork.
- ☐ Confirm all boxes and furniture arrived as expected.
- ☐ Ensure all unpacking and furniture placement services are completed as agreed.
- ☐ Leave a review or provide feedback about the moving experience.

By following this checklist, seniors and their families can ensure a smooth and stress-free moving experience, minimizing disruptions and ensuring a safe transition to a new home.



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